

BASIC STATEMENTS
AND
HEALTH TREATMENT OF TRUTH

A SYSTEM OF INSTRUCTION IN
Divine Science Treatment for Class Training,
AND FOR
HOME AND PRIVATE USE.

**Perceived Through a Study of Divine Science, and Through
Repeated Demonstration Proven to be Impersonal
and Applicable Alike to All.**

FIFTH EDITION - REVISED

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PREFACE.

The arrangement of this consecutive course of condensed lessons, under the heading of BASIC STATEMENTS AND TREATMENT, is designed to be a simple, practical method which, when understood and practiced, will enable students to realize within themselves, and for others, wholeness; which is pure Being, perfect thought and the result of such thought. Wholeness means health, satisfaction, and success in general. Wholeness includes the all of Life, which is the Intelligence, Truth, Substance, and Power for which all are seeking.

PART I.

DIVINE SCIENCE STATEMENTS AND HEALTH TREATMENT

HEALING BY THE CHRIST METHOD.

The basis of the manifestation of power in the Christ Method of Healing is a realized knowledge of the at-one-ment of man with God. "I and my Father are one" means one and the same, and not two. The Creator of an ever-present, living creation must necessarily be infinite and limitless, from eternity to eternity; hence, there is no finite being to be limited, and no limitation.

Most people believe that creation was an event of the past, and that creative action ceased with the accomplishment of that event. Where this is believed, creation is claimed to belong unto time and place. This is a false claim, for whatever lives, lives within, and unto God, the omnipresent Creator, and is, therefore, living within and unto eternity; hence, must have being, beginning, finishing, and ending in God, in the eternal now. If the Being and beginning of Being's manifestation was not eternal, existence would have no relationship with God now. "The way, the truth, and the life," must be the origin and the beginning of all living things; hence, all things must find an ending in Being where they have a beginning, which makes them eternal with Being. As "I Am" the Word which is the light of the world, and of every man that cometh into the world, everything that lives within Me is illumined with My glory, even as the burning bush was to Moses, aflame with the light of My Holy presence.

Not until we conceive that now are all things living unto eternity, and not unto time, are we able to "witness the beginning of creation." When we cease thinking, speaking, and acting, as if the body, or anything pertaining to it, belongs to time, and is dependent on place, we shall have ceased talking about death, and planning for the grave. A full understanding of the living truth of what we are is Divine Science, a Knowledge of God in creation; and creation is God in Self-manifestation.

HEALING

The attention of the people is, in various ways, called to the Christ Method of Healing. Some are interested through hearing of others having been healed, and are thus caused to give it their consideration. Wanting healing, as they do, either for themselves or others, they are induced to try this method, which results in the health and satisfaction for which they have long sought.

They who say, "If one can be healed, another can; hence, healing is for me," speak wisely. They virtually declare the eternal truth for themselves---that "there is no respect of persons with God." This, and similar decisions, make receptive all mental

conditions and beliefs, and is a preparation for successful results. Again, others are advised by friends to try the Christ Method; and as they have done all they knew to do ---having exhausted every method that has been thought out for the salvation of man--- they accept the advice, and resolve to try this method, and are made whole.

The ways by which people are induced to investigate Science and practice Truth may vary; but what all are seeking to know is, when and how to begin. Now is always the accepted time. The moment you want to be healed is the right time to commence the work. It is understood by all that there can be no result without a beginning, and no beginning but action, and no action without result following. Hence, the beginning must necessarily precede the result. There is something for you to do, though the nature of the work to be done differs from every previous attempt made to regain your health. Much has been said in the class-room, and written, explanatory of methods by which healing is done, which are considered helpful in their nature; but in the Christ method a knowledge of true Being, and of being that which is whole, is the one thing necessary.

How can we heal others when there is a beam in our own eye? A belief that there is something in truth, or that has reality, the obverse of God, will see motes and blemishes in others; and that which sees and describes false belief as real, is false belief itself. No one believes error to be truth, who knows what truth is. When a child understands the principle by which to solve his problem, he neither believes that error is truth, nor that a mistake stands for true calculation.

The responsibility as to the result of treatment does not rest exclusively with the person employed in giving the treatment. Christ, in the patient, who is "the Way, the Truth, and the Life," compels no one to accept Him, and be whole in his thought and belief. God creates all things, but does not create opinions concerning them. It is a matter of free will whether we pronounce with Him or otherwise. "Choose ye this day whom ye will serve," whether it be the truth that the infinite whole is God, and is perfect, or whether it be the false supposition that there is something else, that is imperfect. Those wanting to be healed must do their part and be willing to recognize and receive unto themselves the Truth, that they are whole. The record of Life says that we have eternal life with God. This being true, we must necessarily have eternal health in Him, and be satisfied and happy.

The teaching of Jesus stands above all other, in that he taught that a knowledge of the Truth, when applied, healed, or put an end to all sickness; for there can be no sickness in God or Good, hence can be none in Truth. His practice was proof of the truth of his preaching; for he not only healed the sick when called upon to do so, but the command to the disciples was to go forth into all the world, and preach the gospel unto every creature under heaven, and heal the sick. It is not sufficient unto wholeness that we think the truth for a portion of the earth; for Truth must erase the false belief of the world's apostasy from God; and thus proceed forth with the Holy Spirit into all the world, even unto the ends of the earth.

“Go show yourselves to the Priests,” Jesus said unto the ten lepers who called upon him to have mercy on them. The appeal was made as he approached, which, spiritually speaking, made the conjunction or at-one-ment in thought, and they went their way; but their way was according to his direction or commandment; hence, the result was a realization of wholeness---they were cleansed.

The first requirement in the Christ method of healing is that of giving up the false supposition and selfish belief of a self-hood separate from God. This change of thought is the spiritual act of baptizing unto repentance, which must precede the taking on of at-one-ment, which is baptism of the Holy Spirit. At-one-ment is the yoke that is easy, or it is the bond of union which makes light all burdens.

Where two are agreed upon earth as touching any one thing there is at-one-ment, and I Am is in the midst. What is agreed upon shall be granted unto them. No line is to be drawn between the one employed in giving treatment and the one receiving. The two should agree, and thus be one in the Truth which is asked for. If it be health, the freedom and harmony of Truth that is sought to be realized, the first thing to do is to agree that health *is*, and is for you; and if for you, it is present; for what is not present cannot be realized, enjoyed, or demonstrated. In this you have the whole plan of success. You have now determined to shape your thought, word, and deed, according to the truth of what is, and is for you, and is at hand. So, there is no postponement, neither is there seeking for something to come from afar.

“No” should never be taken for an answer, and in order to prove that “No” is not an accepted answer you are to cease making negative claims and doing that which is contrary to Truth. God accepts no excuses, even as the principle in mathematics will accept no excuse in the solution of a problem, but demands that the principle be adhered to and demonstrated in the example. Make your claims according to Truth. Claim to be what is Truth, and your words will be words of Life---the pure, white “Yes” of God. The Canaanitish woman was so determined to have her daughter healed that she refused to recognize any obstacle to that result. All should be thus determined who ask for healing, and the result following will be one and the same.

As the word which was with God, and was God, made the world, and is its light and life, you should stop discussing the question as to whether it is God’s will that you be healed, or made to realize wholeness. The will of an all-powerful God to make whole must be one and the same at all times. God must be without variation or shadow of turning. His will must be for the absolute perfection and goodness of each one, in every respect. Hence, the habit of setting up obstacles, claiming difficulties, and making excuses must be given up. The infinite All, when accepted as being all Good, or God, proves to be health, success, and harmony without limit. After having heard the Truth, nothing but a willingness to continue in old lines of thought and belief can hinder any one from having a full realization of wholeness. Since it is God’s will that all should feel well, and right habit of thought will bring this about, there is no reason why all should not enjoy health in the Truth. It is an easy matter to reject the belief that there are difficulties to be overcome, and obstacles in the way, or excuses to be

made; and to accept the whole Truth, and know true freedom. Begin your work at once by saying: What has been done, I can do. I can realize myself to be whole. Speak these words in faith, and persist in acting in line with them; actions speak louder than words, sometimes.

BE SINCERE IN ALL EFFORTS.

If it be true that you have sought in many ways and spent a fortune in your search for health, and have failed to find, do not hesitate to try the Christ method. It will heal you. Your past experience has embraced methods of treatment based in the erroneous claim of physical causation, accompanied with hope of getting well, which, at best, can only change one condition of belief for another. These changes have been brought about by change of locality, of scenery, or perhaps by a few little pellets. These changes, being made only in belief, and as to condition, do not touch the plane of eternal Life, or Being; hence, do not touch unchanging health. The Christ method of healing proves that wholeness alone is in Truth. It demonstrates that health is eternal with God; that success is ever at hand. Your past experience has been based in a mere hope of getting well. Now, try the only true method of knowledge and faith---that of *being* well. "Be ye perfect, even as your Father in heaven is perfect." Perfect being must necessarily precede perfect thinking; and perfect thinking must precede perfect results, either in words, deeds, or sensations. This is infallible law.

If physicians have said that your case is incurable; if they have exhausted their skill upon you, and said there is no help for you, remember, their skill is in administering external remedies and in performing operations. "In vain shalt thou use many medicines, for thou shalt not be cured." Their skill is not that of bearing fruit of the spirit of Truth, and creating anew, which is the only true demonstration of health there is. Healing is producing results direct from Spirit, or Principle. Give no place to what your friends have said about your case. Let your determination to succeed be a matter wholly between you and God. God never pronounces against any one, and will not say that your case is incurable or hopeless. He has no method but the one of perfection. He says: "Thy faith hath made thee whole"; "Thou art loosed from thine infirmities."

Age is not an obstacle in the way of either knowing or demonstrating the freedom of Truth. Why limit the body to time, and a claim of age? for in idea and substance it is eternal. The notion that mental faculties must fail with increasing years is a false notion, and is at one with the belief that mental faculties are born of the brain, and that mind is evolved from the body. The truth is that mental faculties, the brain, and entire body are the manifestations of Mind, and Mind can never fail. Hence, you are always just old enough to be well, and to think right, and to know and remember all there is in truth. Now is just the right time to prove that you have health, and are happy and satisfied. Now is the time to bring eternal Life and immortality to light, and bear witness of the truth of what you are.

Because you have spent large sums of money trying to get well, do not hold that as an objection against trying this method. When it is once settled in your thought that you

want, and can, realize freedom and wholeness, the only question that should arise is: Do I want to realize it more than anything else? Be not divided in your thought between money and what may be accomplished. Let not money, time, or anything, be as an obstacle in your way. Your determination will not falter, if your purpose is one and undivided. Say: My birthright is health, wholeness, and satisfaction; do not barter it for any number of excuses. If necessary, give up every habit, every former way of thinking, talking, and acting, and conform all to Principle.

Jesus never denies the Christ within him---the at-one-ment of God and man; but says, in the hour of seeming need: "To this end was I born, and for this cause came I into the world, that I should bear witness unto the truth." Each one should say: I am here to bear witness of the truth, as much in the hour of seeming need as at any other time, and this is my time. To this end was I born. My existence bears witness of truth and life. I need no medicine. I cannot serve God and Mammon. The taking of medicine will not prove that I am eternal Life and Truth. I therefore declare I am health and wholeness. I and my Father are one, and not two; hence, I am complete in Him, and find nothing to remedy in my existence. The I Am is sufficient unto all things needful.

As you have proven that all the claims made for external remedies are powerless to give the unchanging health and satisfaction for which you have sought, begin your work from the plane of Being, by being in God, and you will find. If you have had no opportunity of studying Divine Science, either join a class, or find some one to give you private instruction, who understands the Truth, and agree to unite with that one; then be as faithful to Truth as you have been in obeying the doctor's directions. Put yourself entirely in the hands of Truth, and do as the healer directs. Argue not in your thought.

Do not talk as if you were personally too good, or your opinions too true, to have brought about the diseased conditions from which you are seeking freedom, but that God brought them upon you, and that they must, therefore, endure. Let the Christ knowledge speak in you in all things. Say that nothing that I have believed in the past can prevent the thought of God from demonstrating freedom for me. Do not criticize this "new and living method," Divine Science, nor condemn the statements made by the teacher and healer; for surely, if you ask, and ask not amiss, it will be necessary that you assume, mentally, the attitude of one receiving. See, therefore, that you are willing to receive, by gladly acknowledging that you do possess what you have asked for. Your teacher and healer, knowing what is the truth, will give you the necessary instruction to lead you into the consciousness of Truth.

Expect no one to devote their time to you without making some return for it. The law of giving is also the law of receiving, and the entire business of the world is transacted through this law of exchange. It is both spiritually and literally true from the individual standpoint that they who give, receive; and they who receive, give. Equal exchange, in the business world, is justice. The great desire that is under general cultivation in the world is that of getting, and giving as little as possible in return. This desire prevents many from realizing their divine dominion, for it is just the opposite of the Law of wholeness and success, which renders exact measure according to that which is

given. There is no real freedom in this desire, nor is there any real possession in the desire to get something without rendering a just equivalent. As “the laborer is worthy of his hire,” one might as justly demand another’s money for nothing as to demand that one should give his time and labor for nothing. To render a just equivalent for all things, in our dealings with each other, is honorable, righteous, and helpful. No teacher or healer ever thinks of charging for the Truth; hence, the charge is for the time spent in behalf of the students and patients.

If healing is not instantly realized, be reasonable, sincere, and willing to persevere. Do not say: I have given it a fair trial with a few treatments; but say to yourself: I am willing to believe that health is; hence, I am willing to say that I do not believe that I have any disease. Be as faithful in claiming that you have health, and that you are in a state of perfect harmony, as the false belief has been to claim to be diseased and inharmonious. Be as willing to persevere with Truth as you have been willing to take medicine and experiment with external remedies; and you will soon prove that Divine Science is all you need to give you the full realization that God is your sufficiency. The instant your thought and belief is at-one with the idea of God, you will realize freedom. Do not postpone being well. Do not postpone for tomorrow what ought to be done today. The belief that you will receive by and by keeps putting off, and prevents you from realizing in the sweet, happy now. You cannot speak the truth of Infinite Spirit without saying: I am well now; I am free now; I am health now; I am satisfied now. You cannot say: I hope for these things some time, and speak the word of God as he speaks it. Thus it is clear that the Christ method is the demonstration of Principle. This is Life’s “new and living way.” Speak as God would speak, and your words will be living words, and your conditions, feelings, environments, and success will be shaped accordingly. Then will you be glad that you were told to say these things. The Infinite’s idea is kept before you in this method.

Avoid thinking, talking, or reading of sickness, or of any kind of trouble. Do not describe symptoms or sensations to any one. If friends or members of your own family ask after your feelings and symptoms, and you describe them, it prevents you from yielding thoroughly to the treatments; for when these conditions are talked about, they are still in thought and memory; hence, they have not been given up. You can do much for yourself by avoiding everything that tends to keep in memory the condition from which you wish to be free. To prove the Christ method, you are to be courageous, determined, and faithful, and think and act from the truth that you have being in God now. Study Divine Science, and get an understanding of divine law, and you will realize freedom, and be able to liberate others from their false claims and conditions. As God, or God, is no respecter of persons, say to yourself: I can do all that has been done. “He that believeth shall do the things that I do,” is a promise for all. Yet, of myself I can do nothing. It is God in me who is doing the works. The law to be demonstrated in the Christ method is mathematically exact. When wholeness is fully comprehended it is realized; and it is known that there is no disease in Truth. Ease, peace, and eternal rest are in the truth of at-one-ment. One is the number of unity, and not two.

Part II.

DIRECTIONS FOR APPLICATION OF TREATMENT

INTRODUCTORY.

To BE, is in the present. To act, is in the present. The result of action is in the present. Action and the result of action have no power over Being; neither do they attempt to have.

The true idea of a future and continuous Life is to be found in the eternity of the present. As the Life or Being that now *is* is eternal, in Life or Being we are now what we shall ever be.

As eternity is a continuation of the present, and Being is eternal, to *Be* at all is to *Be* what *is*, and is now real. The postponement to the future of possessing or attaining is prophecy; but the fulfillment of all prophecy must be in the present. Any and all action is in the present. We cannot begin the accomplishment of any work in the past or future; hence NOW is the beginning; so, "when ye pray, believe that ye receive, and ye shall have." There can be no result in the present without acting in the present, and no present action without Being. NOW is the time to BE, to DO, and to have the example or result; for now is the accepted and only time. It is to be understood that the treatment is to heal now; for today is the day of salvation.

These lessons are designed to correct the mistakes made by the entire race in trying to solve the problem of Life from a mental or thought standpoint, and not from the plane of Principle, or God. Hence, they strike at the root of error and all seeming discord, mental or physical, by whatever name called, whether sin, or sickness, or death. They establish in thought and realization the true Christ consciousness of unity, health, harmony, and eternal life, which is the truth of I and my Father being one, and not two.

God, being the infinite Whole, the one All, it is God that makes whole, or manifests in His own image and likeness. To ask in His name is to ask for wholeness for ourselves and to acknowledge it; for as He neither gives nor accepts anything but wholeness, to ask and ask not amiss is to believe ourselves whole and without spot or blemish. This is keeping the covenant of at-one-ment.

In the thoughts and words of God alone is to be enjoyed the full realization of wholeness. These treatments are, therefore, intended to be used, and realized to be God speaking the absolute Truth in all living. We can realize the true at-one-ment only by virtue of our being in God and thinking His thoughts and speaking His words. Do not hesitate to make statements that are true of God---the infinite Whole. In Truth there is nothing higher and nothing lower. Your realization of the truth of what you claim will be according to the faith that you have in your claims. To believe that you are heirs of

God, and to realize that you have received and are in possession of your inheritance, is to believe that you are every whit whole, and that every part and member of your body is alive unto God forevermore.

These lessons and treatments should be committed to memory. In the application of these treatments, the student (after having made the statement of Being his own) should begin with Number 1 and devote one day to the study and application of each treatment, with the basic statement, by affirming its truth for all alike, and thus continue until familiar with all, and the meaning of every treatment is made fully his own and is realized to be the declaration of God within. These lessons and treatments will correct the error in belief of separation from Principle, Life, or God, just where the misconception takes place in the attempt to solve the problem of life; and will erase the false race belief of a fall, or separation from God, and enable the student to understand and enjoy the truth that the problem of Life is already solved and demonstrated in his existence. Then will the truth of Principle be seen to spring forth speedily in health, satisfaction, and success; which may be likened to a well of pure water springing up within you unto everlasting life.

Each statement of Truth, spoken with knowledge and Faith, believing that it is true, is sufficient in itself to heal.

The numerous statements of truth have been made in the treatments, that the student may cover the ground and know that all conditions are subject to Truth and may be erased; also, that the Infinite's idea, or potentiality, may be more fully comprehended.

Before giving a treatment make the following statement: God is Infinite; and fully realize that it means He is all; and because He is All, you are: then know that all true claims are true of God, and what you claim that is true of God you are---the same has come unto you.

Go forth each day to perform your work or duties clothed with the affirmations of Truth given in the treatments, believing that you are whole and that you are not subject to conditions and influences or environments; and you will find that by thus doing the will of God the affirmations will prove to be a shield against all adverse beliefs and conditions; for against Truth there is no law. "Thy righteousness is an everlasting righteousness, and Thy law is truth." "There is no power but of God."

WHAT TO REJECT AND WHAT TO ACCEPT.

As Taught at Home College.

STATEMENT OF BEING:

*To be Understood as the Basis for Truthful Statements,
and Applied in All Treatment.*

There can be but one All. This all in all is God, and God manifest.

One is the number of unity.

Unity is forever the state or nature of One.

God being Infinite, there is no finite. He is all of Being, creative action, and result; hence, "I and my Father are one."

God is Spirit, Life, Love, Truth, Substance, Intelligence, and Power, all of knowledge, all of power, all of presence; hence, man is Spirit, life, love, truth, substance, intelligence, power, and presence---His exact image and likeness.

Nothing can be manifested that is not, before it is manifested. As God alone *is*, it is *God* who is manifested in an ever-present creation.

That which is born of Spirit is Spirit. I am before I am manifested. Man is potential in God, and is expresser, co-worker, and capable of doing his will.

Man is Being and existence. There is one Spirit and one body. Individually, we are inseparable.

AT-ONE-MENT IS HARMONY.

As God is one, He is all goodness.

"There is none good but One"; hence oneness is goodness. A supposition that there is separation from God, or that there is something that is not God, is a false supposition; a falling short of Truth, denominated sin, falsehood, the adversary.

A good source cannot produce an evil result, nor can the method by which the result is produced be less perfect than the source.

ATONEMENT IS SALVATION.

"Thou shalt not partake of the knowledge of good and evil." To partake of anything means to assimilate, and be one with that of which we partake. To believe that there is *something* that is separate from and is not in God is to believe that there is *something* that is separate from and is not Good; hence, to believe that there is anything that is separate from, and that is not in God, or Good, is to believe that there

is an evil power capable of producing evil results. All such beliefs are sensed as conditions which are looked upon as evil, and as being adverse to both God and man. A supposition that there is separation, something that is not, is no part of God or man, for they are one Truth. A false conception is no conception at all, and never becomes a living creation; out of nothing comes nothing.

To ignore the Truth is to suspect that there is something that is not. Ignorance, therefore, is unsuspectingly taking things for what they are not.

AGREE WITH THINE ADVERSARY QUICKLY.

A deviation from the principle of at-one-ment is the only adversary of Truth. That which *is*, is Truth. It is impossible for anything to *Be*, and not *be* Truth. It is a knowledge of Truth only that can agree with the adversary, by knowing that it is falsehood, and that a false supposition is nothing.

Non-resistance is the way of Life. "I am the Way." I do not believe that there is *anything* the adverse of Truth. To agree that falsehood is false, is to agree with the adversary. In Truth there is nothing to resist. I agree with the adversary quickly, by agreeing that it is what it claims to be---the adverse of Truth; that a false claim does not voice the Truth of anything that is. It represents nothing that *is*. There is in Truth no sin or separation from God. There is no condemnation.

TREATMENT

I.

OF AGREEMENT AND AT-ONE-MENT.

God is All, and there is nothing to resist. God is Love; there is no one to fear, none to find fault with.

All that *is*, is Truth. All that exists within me is Truth. I am one, perfect whole. I am Unity and Harmony. All that I manifest is complete within me. My conception is immaculate. My faith has made me whole. I am in the enjoyment of life, liberty, and happiness. My body is the offspring of God, and belongs unto Him. It has no Father or Source beside Him. Every member is a member of righteousness and power. Every atom of which it is composed is alive unto God. Every atom is living unto eternity. All that *is*, is Spirit. "That which is born of Spirit is Spirit." "My body is Spirit." All things are reconciled unto God, and there is no adverse belief, condition, or disease either in God, His method of production, or in that which He has produced. I am eternal. I now agree that sin, sickness, and death, so called, are not. All are now forgiven, for I do believe all that live are free from error. The gift of God is Eternal Life. Against Truth there is no law.

BASIC STATEMENT FOR TREATMENT

II.

"KNOW THE TRUTH, AND THE TRUTH SHALL MAKE YOU FREE."

To know the Truth is to perceive and know that which already *is*, and is eternal. To be

made free by the Truth is to *be* that which *is*, and is free from error. What your highest conception of Divinity is, that claim to BE, and you will press forward to the mark of your high calling of at-one-ment; and “put on the whole armor of God, that ye may be able to stand”; “for Christ is the end of the law for righteousness to every one that believeth.”

TREATMENT

II.

FOR FREEDOM FROM THE FALSE CLAIMS THAT THERE IS MORTALITY.

Make the tree good and the fruit good. Affirm the following truths for all; make them fully your own; do this for the purpose of demonstrating the truth that there is no mortal Parenthood or inheritance.

God is infinite;	Therefore, there is no finite.
Like produces like;	Therefore, no production is the opposite of God.
God is Spirit, the only Creator;	Therefore, there is no physical creator or creation.
That created by Spirit is Spirit;	Therefore, no created thing is of the earth and earthly.
We are conceived in righteousness and born in true holiness;	Therefore, we are not conceived in sin nor born in iniquity.
All forms are manifestations of Spirit;	Therefore, there are no material forms.
We are immaculately conceived in the Spirit of wholeness, and are begotten of God;	Therefore, we are not impurely conceived in separation nor begotten of the Flesh
In the beginning God created heaven and earth;	Therefore, there is no material heaven or earth.
“Heaven and earth, the seas and all that in them is,” are living unto eternity; for God is the God of the living;	Therefore, there is no heaven, or earth, or seas, or anything therein, that is living unto time; for God is not the God of the dead.

The tree is good, and the fruit is good.
God is good, and I am good.
The Creator is good, and the creature is good.
God is manifest and dwelling in our midst.
God’s will is done in creating earth as it is in creating heaven.
His law is fulfilled in His creation; against this fulfillment there is no law.

BASIC STATEMENT FOR TREATMENT

III.

“ I HAVE OVERCOME.”

To overcome is to come over from effects to cause; from the creature to the creator, and see creation in the Creator and oneness of the two. Being over all effects, as Source and Cause, is being Life or Lord of; this is dominion. It is true that I am hid with Christ in God; hence, my possibility is God's possibility or idea of himself; and my existence is this possibility or idea made manifest; for beside God there is none other. It is God who says: Be ye holy, because I am holy. As God's knowledge is all the knowledge there is, there can be no knowledge apart from Him.

Knowledge is free from suffering, failure, and dissatisfaction. For this reason, from the standpoint of at-one-ment, we can wipe out the false sense of them. It is God, the *Infinite One*, who says, that to know self is to know all there is to know; hence, we are neither fruitless nor deceived in claiming God-knowledge; for in Truth, are we blessed of the Lord. True knowledge is a certain perception of the Truth of at-one-ment.

TREATMENT

III.

OF RECONCILIATION AND PERFECT ADJUSTMENT.

“THE WORKS THAT I SPEAK, THEY ARE SPIRIT AND THEY ARE LIFE.”

There is no enmity. I am infinite and all-pervading Love. I have manifested all things, and they live unto me. I am both Love and loving in all that live and move and have being within me. I am unmoved by all that live. I move within and act upon all form. I am Love in the midst of all climates and changes of the weather. I am not affected by the wind, the storm, or the calm. I am touched by neither heat nor cold. I, Love, possess and am master of all things. No power is given unto existing forms, conditions, circumstances, or events that I am not. All that I manifest is spirit and is life. I realize that I am perfect adjustment. My body is not subject to disease, or to any of the false race beliefs, that there is sin, mortality, or corruption. My body is at one with the source and cause of all form. It is not the maker of itself; neither is it the One who made it. I, who made it, am its life, intelligence, substance, and power. It is not sick, and there is nothing within its nature opposed to what these words imply. I am one with God, and am in no way dependent upon my body for life, intelligence, substance and power. God is His own demonstrator; His own manifester; His own revealer. I have being, demonstration, manifestation, and revelation in God only. I am the fulfillment of law and of prophecy. I have taken captivity captive. My senses are spiritual. I am self-illuminated. I and my Father are one, and not two. My house is now set in order; for it is the temple of the living God, and all things therein are adjusted unto Him according to His will.

Against this there is no law.

BASIC STATEMENT FOR TREATMENT

IV.

THE WAY OF LIFE.

“Whosoever hath not, from him shall be taken even that which he thinketh that he hath.”

“Take heed how ye hear; for whosoever hath, to him shall be given.”

To claim that you possess the opposite of what you are seeking, prevents the realization and enjoyment of that which is sought.

To claim that you possess that which you have sought, brings the full realization and enjoyment of it.

Whosoever believes that he is not whole, from him is taken away that health which he thinks that he has; the unfailing health of Being is not realized and enjoyed.

Whosoever believes in his heart that he is whole, to him unfailing health is given, and wholeness is realized and enjoyed.

THE BROAD WAY.

THE NARROW WAY.

Error never claims to be life, or to be free; hence, it does not possess truth, or bear witness of anything that *is*.

Truth always claims to be eternal Life and to be free; hence, it possesses all there is, and bears witness of what it is.

Hereby know we the claims of falsehood.

Hereby know we the Spirit of Truth.

TREATMENT

IV.

TRUTH'S GUIDE TO CONSCIOUS PURITY OF HEART.

*“God is Spirit, and they that worship Him must worship Him in Spirit and in Truth.”
“As the Father hath life in Himself, so hath He given to the Son to have life in Himself.”*

All that *is*, is Life; for all that *is*, hath power to *be*, and to bear witness of the truth, that it is eternal.

Therefore, declare in thought, word, and act that:

There is no death, error, or ignorance within me;

For “I am” Spirit, and Spirit is Life, Truth, & Wisdom.

There is no hate, covetousness or pride of attainment within me;

For Spirit is Love, Justice, and Perfection.

There is no doubt, fear or weakness within me;

For Spirit is Knowledge, Love, and Faith.

There is no selfishness, prejudice or aversion within me;

For Spirit is all-pervading presence, and has no respect to person.

There is no evil, disease, or sense of dissatisfaction within me;

For Spirit is Goodness, Ease, and Satisfaction.

I do not think evil thoughts.

For I am pure in heart and clean in thought.

I know not failure.

For God is His own success.

“The pure in heart see God.”

“That which is born of Spirit is Spirit.”

“I and my Father are one, and not two.”

I am free with the freedom of Truth. I am alive with God-life. I am at rest and at one with all that is. God is my life, which is the life of the living. In these affirmations I worship God in the Life of the living, in Spirit and in Truth.

I claim all that eternal life implies, and to *me it is given*.

BASIC STATEMENT FOR TREATMENT

V.

“STRAIT IS THE GATE AND NARROW THE WAY WHICH LEADETH UNTO LIFE;
AND FEW THERE BE THAT FIND IT.”

I have found that the narrow way which leads unto Life is Unity, which is the “new and living way.” The few who find it are they who see that “I and my Father are one”; that the “outer is as the inner”; that the creature is as the Creator; that the tree is good and the fruit is good; and see All as one Infinite God manifesting Himself. I, therefore, realize eternal Life and enjoy heaven within, because in at-one-ment God’s will is done.

To believe that evil, sin, sickness, and death are realities, and that we are subject to them, is to have other gods before Me. We serve what we believe has dominion over us. “Ye believe in God, believe also in me.” “This is the work of God, that ye believe on Him whom God hath sent.”

TREATMENT

V.

I HAVE ENTERED IN.

THEREFORE I AFFIRM:

There is no evil power or thing.

All power is of God, and all things are good.

There is no matter.

All that *is*, is Spirit.

My body is not subject to pain or disease.

My body lives unto God and is subject only to His peace and rest.

Feeling is not of the body.

My thoughts are the thoughts of God.

I do not feel pain.

The divine Mind is the only mind.

There is no sickness in Truth.

There is nothing but freedom in Truth.

There is no death in Life.

Life *is*, and is eternal; All in All.

Before and after creation God says, "I Am that I Am, and beside Me there is none other." "I Am, is My name forever." Hence, in at-one-ment I am to be found, and I am perfect harmony. All my works are done in truth, and are sustained in perfect harmony. I am now the Truth that I perceive and know. "For He is our peace, who hath made both one, and hath broken down the middle wall of partition; having abolished in his flesh the enmity." I am immersed within the infinite Good; "buried with Christ in baptism," wherein I am risen with him. I have entered in at the strait gate, and the peace of God rules in my heart. Against me there is no law.

BASIC STATEMENT FOR TREATMENT

VI.

"HE THAT BELIEVETH ON ME, THE WORKS THAT I DO SHALL HE DO ALSO."

To believe on Jesus, the Christ, is to know that you are in the kingdom of God's dear Son, and that you are just the same in being and existence as is Jesus, the Christ. "And at that day ye shall know that I am in the Father, and ye in Me, and I in you." The Comforter that the Father sends, which shall abide with you, is the Spirit of Truth. *Now* is always the time to believe in the truth of what you are; and be comforted.

TREATMENT

VI.

COMFORTING WORDS OF LIFE AND POWER.

NOW IS THE ACCEPTED TIME.

I believe that Jesus Christ *is* come in the flesh, and that the work of Christ is being done. "There is, therefore, now, no condemnation to them which are in Christ Jesus." I know that I am the Light that is come into the world, and can say:

There is no fear;

For God is all-pervading Love.

There can be no fear of separation from God within me;

For God is One and inseparable.

There can be no fear of sin, sickness, or sorrow within me;

For now am I saved, my health is established, and my joy is complete.

There can be no fear of death, weakness, or want within me;

For God is my Life, strength, and supply.

There is no fear, anxious care or doubt within me;

For I dwell in Love, and Love dwells in me.

There is no fear that I shall become helpless and burdensome to my friends.

For the gift of God is Eternal Life, and I am this life, ever active and free from burden.

I do not fear age of body;

For my body is living unto eternity.

There can be no failure of mental faculties, sight, or hearing;

For in God there is no failure. He is my unfailing sight and hearing.

God hath not given us the spirit of fear;

For He has given us the spirit of power, and of Love, and of a sound mind.

I, Love, fear not, doubt not, resist not. Because Love is without fear, I know not fear. I am complete and perfect in God love. I am Life, Intelligence, and Power. I now realize that I am all for which I have asked. I am in the Holy of Holies; self-illuminated. I demonstrate perfect health, peace and satisfaction. I am at rest in my thoughts. I am clean in thought and pure in heart. I see God as All in All, and I have no life or selfhood apart from Him. I am satisfied and happy.

“Now is the accepted time”; now is God’s law fulfilled. I have entered into his rest.

BASIC STATEMENT FOR TREATMENT VII.

“ALL THINE ARE MINE AND ALL MINE ARE THINE.”

This text expresses the true idea of possession. It is the affirmation that, “We are heirs of God and joint heirs with Christ.” In Christ, the creature itself has the glorious liberty of a child of God, and is heir of God. The spirit of wholeness declares this truth with power, and that in substance and reality the creature is free from the erroneous beliefs of corruption and mortality.

When an estate is bequeathed, there is a specified time when the heirs are to possess it. Our inheritance is purity throughout---Spirit, mentality and bodily existence. NOW is the time specified by the Eternal One for us to claim our Being in God. Today is *the day* of salvation; for this inheritance is the redemption of our body. “Thanks be to God who giveth us the victory through our Lord Jesus Christ.” Since the Truth is that God is the One All and yet I am, there is no true idea of inheritance that is not conveyed in the words of Christ. “All thine are Mine, and all Mine are Thine, and I am glorified in them”; hence, “If I judge, my judgment is true.”

TREATMENT VII.

“ALL POWER IN HEAVEN AND IN EARTH IS GIVEN UNTO ME.”

THE HOLY SPIRIT IS HERE AND I AM HERE.

Because the Spirit is holy, I am holy. Now I am in possession of my inheritance

bequeathed by the Father. Now I am all possibility that I can ever manifest. I am *eternal* Life, and I manifest it fully. I am in the Spirit, and it is the Lord's day. I have been baptized unto Christ and have put on Christ. He who anoints with the Spirit of Truth is God. I am perfect in thought and word, motive and deed. I am harmonious in feeling and sensation. I am accurate and definite in all that I think and do. I am the true idea of success. I am sight, hearing, faith, power, and understanding. I manifest love, charity, harmony, and peace. The divine attributes are manifest in all that I think and do. I am not a servant, but a son, radiating the light and glorifying the life of the Infinite One. I am steadfast in the liberty with which Life eternal is free. My possibilities are immortal, incorruptible, unalterable. The whole earth and the fullness thereof is lifted up unto me; in this Truth God is glorified on earth. All mine are Thine and all Thine are mine. Of all that Thou hast given me I can lose nothing; for nothing that belongs unto Thee can be lost. All Thine are at one with Thee, and all Thine are at one with me, and I am satisfied in them. This is my inheritance. I have accepted the truth that there is no corruption, no mortality, that death is swallowed up of Life, and that there is no enemy. God is Life, and beside Him there is no Life.

"Be still and Know That I Am God."

In these affirmations of wholeness and at-one-ment the law is fulfilled.

SPECIFIC TREATMENT

VIII.

AGAINST THE BELIEF IN LIMITATION, AND THE DESIRE FOR LIQUOR.

In this manner prepare to apply the following treatment:

Our Father, which art Infinite and everywhere present, we turn to Thee for every blessing. We thank Thee for the knowledge that Thou art All, and art in all, as the ever-present Life and living good. As such, we worship Thee in the spirit of wholeness, and see thy glory manifest on earth. In Thy Truth we sanctify all things, because Thou sanctifiest all with thy presence---with Thy eternal Being. We love to say there is no limitation to or lack of goodness in the vast universe of Cause and Effect; in acknowledging this Truth we enjoy thy presence and entertain Thee as our constant companion. We love to affirm the Truth for all, that Thou hast made all things like unto Thyself, and hath not placed upon them limitation; for truly Thou dost not measure thy Spirit to Thy children. Thy wholeness of Being is given unto each and all alike.

We love to say that now is our brother in Thy Being, the all-embracing love and sustaining power.

Thou art the only Being to sustain and guide his thought aright in paths of peace. We understand that Thou hast made him whole, pure and good, and that there is nothing impure or unholy in and of itself; and as Thou hast pronounced all things good, we refuse to pronounce against Thee.

TREATMENT
VIII.

There is no idea or possibility of limitation in God, no *sensuous* appetite or desire; hence, our brother is not subject to any seeming appetite or desire for liquor, or to any false belief which claims that he is. He cannot express anything real that does not represent Being; therefore, he is free in Truth at this time; nothing binds or limits him.

Thou art, O God, pronouncing him good, free and whole, in Thy limitless Being and Love at this time.

Dear brother James, listen to the voice of the Spirit of God speaking within you, saying, "You do not slumber in sense delusion; there is no sense delusion. You are not limited or controlled by desire. In Truth you control desire. You do hear and understand My words of supreme freedom. You are free to witness My presence working in you. Listen, and understand what I say to you: liquor is neither the life, intelligence, substance, power, nor peace for which you are seeking. It cannot give you strength, success, health, or satisfaction; it can never be a cause or source of happiness to you. You do not believe that you desire or need it; you do know that it supplies no want; you know that you are immortal and have eternal life with Me. You are in no way dependent upon liquor for either health, strength, success, or happiness. I, alone, am the Source of all that you need. Your body is radiant with My presence now. The Truth that I speak unto you has erased all false belief; there is no darkness within you. You now understand that what I say to you is Truth. I am your Life, your love, your truth, your substance, your peace, and you are filled with perfect satisfaction at this time.

My brother and I thank Thee, O Infinite Source of all Good, that we know that Thou art throughout the vast universe; and that we are all resting within Thee, and that Thou art our abiding place now and forever. Amen!

"Behold! thou art made whole."
